





Hurt on the job?

In New York, you can pick your doctor.




In general, you can choose **any health care provider** authorized by the New York Workers' Compensation Board* to treat your work injury

**in a medical emergency, you can see any provider, authorized or not.*



If the workers' comp insurance company has a preferred provider organization (PPO), then you must see **a doctor in the PPO** for the **first 30 days** after the injury.



After the first 30 days, or if there is no PPO, you can see **any authorized doctor of your choice** – and change doctors at any time!